

Second Opinion

by Dr. Vladimir Pastouk



Botox & Dentistry

Most of us understand that Botox is a natural extension of the services offered by a plastic surgeon. But here, Dr. Vladimir Pastouk, of *Dental and Cosmetic Solutions*, explains why a trip to the dentist might be a great option as well.

Q In addition to smoothing facial wrinkles, I have heard there are also medical applications for Botox. What are they?

A Botox injections have several medical and dental applications. It is an adjunctive treatment for TMJ (temporo-mandibular disorders), in which Botox injected into facial muscles helps relieve the jaw tension by adjusting the strength of the muscle that is overworked. Similarly, it also can help people who suffer from tension headaches and chronic migraines.

As the director of education at the Pacific Training Institute for Facial Aesthetics for the U.S. and Europe, I travel the world educating dentists on using Botox. Next month I will be lecturing dentists in Switzerland on how to use Botox for dental applications, and I am currently preparing to present to the dental community worldwide the first documented case of using Botox for hygiene reasons.

We can use Botox injections to relax the soft tissue around the area of dental surgery, which improves the healing for our patients

It is important to note that when Botox is used for dental or medical applications, it is sometimes covered by insurance and those dental applications still provide cosmetic benefits.

Q Why is a dentist who is trained by the Pacific Training Institute for Facial Aesthetics (PTIFA) among the most qualified to do Botox injections?

A It is a logical extension of what dentists already do. We are well trained in the musculature and anatomy of the face, so we are among the most qualified because we focus exclusively on the facial area, when other medical specialists, like plastic surgeons and dermatologists, work on the entire body.

At PTIFA, we offer one of the most advanced anatomy-based courses for doctors and dentists in the U.S. and Canada. Our program is the only one that has been used by dental schools to establish the standard of practice



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in the field of Botox and facial aesthetics, and it is geared to help doctors achieve desired results with no negative side effects.

There is an interconnection with dental function muscles and facial expression muscles, so dentists that have been trained by our institute have the most knowledge of muscles in this region to do a successful procedure.

In the next five to 10 years, I believe more than half of all Botox injections will be done in dental offices.

My patients always comment on how convenient it is to get their teeth cleaned and at the same time get a Botox injection to help with their dental needs, as well as to smooth out wrinkles. And a dental office visit would not normally prompt questions or curiosity.

Dr. Vladimir Pastouk is the founder of Dental & Cosmetic Solutions, located at 3550 Lander Road, Suite 140, in Pepper Pike (in the Howard Hanna building). He teaches facial aesthetics, dental implantology, and other dental topics to professionals worldwide and is a director of education for the USA and Europe at the Pacific Training Institute of Facial Aesthetics, headquartered in Vancouver, Canada. Email your questions to dentalhelp@gmail.com. The web address is DentalCosmeticSolution.com.

FREE CONSULTATION

Dr. Pastouk is offering a free aesthetic face evaluation with a complete set of facial photos for *Mimi* readers, until December 31, 2014. Call 216-292-3600 for an appointment.