

# Second Opinion

by Dr. Vladimir Pastouk



## Dental Health for Diabetics

Diabetics must be diligent about dental care. Here, Dr. Vladimir Pastouk, of *Dental & Cosmetic Solutions*, reveals critical reasons why.

**Q** If I have diabetes, am I candidate for dental implants or other oral surgical procedures?

**A** Yes. Diabetes should not prevent you from receiving the benefits of modern dentistry. Seek out a dentist who understands and knows the best approach to managing your diabetes. I only perform dental implants and other surgical procedures if your diabetes is under control.

I also temper the technique slightly because diabetes can slow the healing process. Of course, the best approach is avoiding the need for dental implants in the first place. Diabetes affects the nutrition around the implant, so diabetics must be extra diligent about following the

dentist's recommendations and keeping all appointments. Our office emphasizes a special hygiene program for our patients with diabetes.

**Q** What is the relationship between diabetes and my gums?

**A** Diabetes increases your risk of developing advanced gum disease. In some cases, gum disease may be present—and even worsen—without symptoms that are apparent to the patient. Just as diabetes can trigger gum disease, gum disease itself can sometimes signal a worsening of diabetes. If you notice swollen or bleeding gums, a persistent bad taste, or other unusual symptoms in your mouth, it is time to schedule a gum check and dental health evaluation.

*Dr. Vladimir Pastouk is the founder of Dental & Cosmetic Solutions, located at 3550 Lander Road, Suite 140, in Pepper Pike (in the Howard Hanna building). He teaches implantology as well as other dental topics to professionals worldwide and is a director of education for USA and Europe at the Pacific Training Institute of Facial Aesthetics, headquartered in Vancouver, Canada.*



**Vladimir Pastouk, DMD**

*Dr. Pastouk has won several awards in the field of implantology and is a distinguished member of several highly acclaimed professional organizations, both nationally and internationally, such as the International Congress of Oral Implantologists (ICOI), the American Academy of Implant Dentistry (AAID), and the American Academy of Cosmetic Dentistry (AACD) to name a few. Email your questions to [dentalhelp@gmail.com](mailto:dentalhelp@gmail.com) or contact Dr. Pastouk directly at 216-292-3600. The web address is [DentalCosmeticSolution.com](http://DentalCosmeticSolution.com).*

### FREE SEMINARS

**On Wednesday, April 1, at 6:30, Dr. Vladimir Pastouk will discuss implant technology and diabetes. Meet the doctor and have your questions answered.**

**Another dental implant seminar will take place on Wednesday, May 6. Seating is limited for both dates. Call 216-292-3600 to secure your spot.**